

OTAGO CENTRAL RAIL TRAIL – MARIA GRACE’S PACKING LIST

FOOTWEAR

Shoes

Sandals

* Gumboots (for kids only)

CLOTHES

Socks x 5

Undies x5

Short-sleeve t-shirts x 2

Long-sleeve t-shirts x 2

Jumper

Long pants x 2

Shorts x 2

Rain jacket

Rain pants

Warm hat

Sunhat

Swimming togs

CYCLING

Bicycle rack for the back of the car - Thule

Bicycle

Helmet

Trailer - Thule Chariot

Bike pump

Repair kit & spare inner tube

Spanner & allen key

* Pannier bag (for adults only)

* Tow rope (just in case)

MISC.

Sunglasses

Headtorch

Map (1:50,000 topographic of the region)

Packtowel

Needle & thread

HYGIENE

Sunscreen

Toothbrush

Toothpaste

Floss

Hairbrush

Deodorant

Nail clippers

Tweezers

FIRST AID KIT

Plasters

Bandage

Eye wash

Paracetamol

Ibuprofen

ELECTRICAL

Phone

Tablet

Charger

FOOD

Water bottles

Snacks (lollies & muesli bars)

Fruit

*** EMERGENCY FOOD (just in case)**

Freeze-dried meals x 2

Gas stove & matches

Metal saucepan & handle

Bowl

Spoon